

METOD FASIL POU BAY TIMOUN KONPRIME

1.



Byen lave men ou

2.



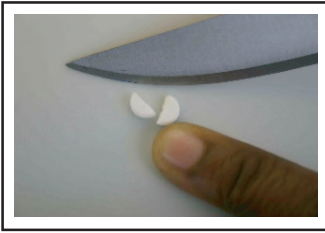
Prepare tout materyel ou bezwen: let (manman/nan bwat) oubyen ji, oubyen dlo trete, komprime, kouto, kiye ak yon veso

3.



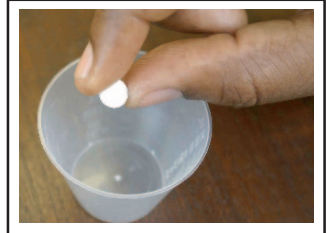
Se pare konprime a si ti moun nan pa bezwen tout

4.



Fok komprime a pa kraze le wap separe'l

5.



Mete konprime a nan yon ti veso

6.



Vide 4 a 5 gout nan likid ke wap itilize a sou li

7.



Aprè 2 minit, kraze konprime a ak yon do kiye

8.



Ajoute 5cc (yon kiyè a soup) likid

9.



Byen brase melanj la jiskaske konprime a byen fonn

10.



Fe timoun nan bwè tout melanj la

11.



Veye pou pa rete res konprime nan veso a ak nan bouch timoun nan

12.



Ajoute likid ou ililize a nan veso a, vide li nan bouch timoun nan pou'l ka pran tout doz la