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DIRECTOR'S MESSAGE



This final newsletter of 2021 contains a synopsis of our year for all nine of our programs.

It has been a marvelous year. We have more than doubled our outputs from last year with around 44,000 participants who experienced the Grace of God in their lives because of the ministries of Caris Foundation. These households total to more than 160,000 people impacted and influenced by the efforts of our staff!

On top of that more than a million people are reached every week with our increasingly influential radio program that seeks to influence the lives of young people to make godly choices.

It's been a wonderful year of great progress. But the numbers really don't depict the real work. Transformation of peoples lives is the real work. When lives are changed and influenced to live differently then godly choices in life actually bring people out of poverty. All of our programs are based upon godly principles of living, doing business, and relationships.

It is our desire that our participants experience the love of God, develop a strong faith in Him and build their lives based upon the hope that God gives them for their future. We have seen this transform thousands of peoples lives.

The great increase in numbers brings a nice sense of joy and celebration but the impact of changed lives brings a respectful sense of wonder.

Grace to all,

A handwritten signature in brown ink, appearing to read 'Jim Reppart', with a long, sweeping horizontal line extending to the right.

Jim Reppart
International Facilitator

CROP AND LIVESTOCK PRODUCTION ACHIEVEMENTS



Caris Agriculture Facilitator Edward Nyiro addressing community members on food security.

Photo © Sarah Ziro/Caris Foundation Kenya

BY SARAH ZIRO

In 2021, the Agriculture program equipped 8,128 community members with knowledge on how to increase food security.

“The target group was the community members and agribusiness participants,” says Sarah Ziro, an Agriculture Program Officer at Caris Foundation Kenya.

In trainings, Caris staff focused on the gaps which make farmers not harvest enough food for their families to last for a year. Which include, leaving unpruned fruit trees, planting of unsuitable varieties of maize, lack of manure and fertilizers, poor agronomic practices, no control of pests and diseases, and poor land utilization. In addition, 1,600 men and women participants

received valuable information on marketing strategies, proper animal feeding storage of feeds, pests and disease control, how to make organic manure for vegetable farming, how to plant vegetables in a small area of land, and business planning.”

To increase income among chicken farmers, 506 chicken farmers were trained and mentored on gross margin analysis for both indigenous, broilers, and layers. Caris Agriculture staff conducted training on how to construct chicken houses, how to raise chicks, programmed hatching, how to get market for their produce, training and demonstration on viral diseases affecting chicken and their control.

A FOCUS ON SUSTAINABLE INCOME



Caris Foundation Kenya Business Mentor Gideon Mwanyumba trains business mentees in Mijomboni sub location on November 11, 2021.

Photo © Emma Kinda/Caris Foundation Kenya

BY JOSEPHINE KARISA AND ELIZABETH CHEA

The business mentorship program aims to enable women, men, and youths to earn a sustainable income by equipping them with business management skills and coaching towards business expansion. The target audience for 2021 were young bodaboda riders, community project group members, youth in vocational centers, participants in TTGs and business mentees.

“Our main objective for the year 2021 was to equip members

of the community with knowledge in financial education entrepreneurship skills, marketing strategies to help them run profitable businesses,” says Alice Kadzo, a Business Mentor at Caris Foundation Kenya. 2,813 out of the targeted 3500 participants were reached.

In a bid to address business stagnation among our business mentees, the program conducted business inspiration forums with a message on how to overcome causes of business

failures. A total of 1,836 out of 2000 TTG participants were reached. Under one on one mentorship, the mentees were step by step taken through record-keeping, proper costing and pricing, marketing strategies, and business growth goal setting with the sole purpose of helping them overcome business challenges and earn a sustainable income from their businesses. 738 out of the targeted 706 mentees were reached.

ACHIEVEMENTS IN THE HEALTH PROGRAM



Caris Foundation Kenya Healthcare Officer Scholar Kabaila counsels a patient at the organization booth at the launch of 16 days of activism in Malindi held on November 25, 2021.

Photo © Emma Kinda/Caris Foundation Kenya

BY BONIFACE WATURU

Mental health sensitization was one of the activities implemented by the Caris Health Program in 2021. 1,332 out of 1,781 participants were reached. “Participants received awareness messages on common mental health conditions, their causes, signs and symptoms, and possible mitigation measures. We intend to continue with the program, since it is a significant challenge in the community,” says Scholar Kabaila, a Healthcare Officer at Caris Foundation Kenya.

The health program conducted one medical outreach to a vulnerable group at Majenjeni Youth center where young boys mostly orphans were hosted. 41 out of 50 were treated and received medications. Under our compassionate visits to the sick patients in our program, 44

participants were visited to assess their progress. “We also facilitated Malindi Sub County Health team with screening commodities during cancer and fistula sensitization forums conducted across the Sub County,” says Ms. Kabaila. The issues addressed during the activity included awareness creation on early detection and treatment for cervical cancer, breast cancer, and fistula. 553 adults out of the expected 550 were reached alongside 70 adolescents, out of which 37 turned VILI positive. To strengthen our partnership and collaboration, we conducted meetings with Mahenzo Community Based Organization and Malindi Sub County Health Management team. We believe that through partnerships, we can synergize and complement each other to optimize our service delivery.

TARGETING FAMILIES AND SPIRITUAL LEADERS TO EFFECT CHANGE



Spiritual leaders take part in marriage counselling seminar at Kakuyuni Baptist Church on April 27, 2021.

Photo © Emma Kinda/Caris Foundation Kenya

BY DUNCAN ZIRO

The goal of the spiritual formation focus group is to restore broken relationships between people and God. Our main objectives of 2021 were to; restore broken family relationships and promote unity among believers. Our goal was to impact 600 spiritual leaders, and to influence 10,000 family members

with messages of change. We believe that change of heart leads to a new way of living. We expected three outcomes; happy marriages, a good relationship between parents and their children, and unity of believers.

“To achieve this outcome, we conducted four activities. These were mobilization of spiritual

leaders for training, training of the spiritual leaders on unity, marriage, and parenting, follow-up visits, and review meetings,” says Duncan Ziro, a Program Coordinator at Caris Foundation Kenya. “We reached a total of 2,414 spiritual leaders and 16, 571 community members, who we influenced through the spiritual leaders.”

The results include: Believers from different religious and denominational affiliations work together for the common goal of building the kingdom of God. For example, in Mkondoni sub-location, the spiritual leaders organized a joint prayer day for the rains due to extended drought in the area.

Formation of thirteen spiritual leaders’ committees at a sub-locational level, to spearhead the unity agenda among believers.

Restoration of broken marriages and families, strengthening of struggling marriages and families.

At least 1,207 families who confirmed to have had family problems testified during the review meetings to have resolved their differences.

EXPANSION TO NEW AREAS



Caris Foundation Kenya Community Facilitator Doris Dama addresses community members in Viragoni village, Kaloleni Sub - County on September 22, 2021.

Photo © Emma Kinda/Caris Foundation Kenya

BY JERILYNE IKONGA

In 2021, the TTG program focused on sustainability and independence of its 390 TTGs and expansion to new areas. Despite the pandemic, TTGs exhibited resilience in their weekly meetings and goal setting.

“We came up with a council of Zonal representatives who would ensure self-reliance and self-governance of 5,016 TTG participants in the old area,” says Peter Thoya, the Program Manager at Caris Foundation Kenya. “At the same time, we expanded our TTG services to areas where they were required.”

The TTG formation exercise was conducted in 133 villages in Magarini, and Kilifi North sub -counties, while new sub-locations were added in Kaloleni Sub County.

5, 613 women and 308 men joined the TTG program and are contributing weekly savings. “We thank Caris Foundation for letting us the men to also enjoy this program, we have tried to save on our own, but we have always failed because we lacked proper guidance,” said Michael a male participant from Kinyaule Village.

WORKING TOGETHER TO END GENDER BASED VIOLENCE



Duty bearers together with Caris Foundation Kenya staff, pose for a group photo after the Malindi Sub County summit held on November 16, 2021 at Kenya Red Cross.

Photo © Emma Kinda/Caris Foundation Kenya

BY KARISA SAMUEL

This year, the Gender Mainstreaming program activities included engaging village elders in sexually gender-based violence (SGBV) community awareness, duty bearers summit, instituting SGBV leaders council of Mongotini sub-location, and participating in the 16 days of activism.

“Our goal is to see women and girls enjoying equal rights and treated fairly in society,” says Karisa Samuel. Gender Program Officer at Caris Foundation Kenya.

1,050 community leaders received training on SGBV in 3 sub counties. 300 parents were

engaged and influenced by the Mongotini leaders’ council, on parenting and preventing SGBV while more than 42, 000 were influenced through engagement of community leaders in SGBV awareness.

The program also successfully executed 2 summits in Malindi and Magarini sub - counties, where 88 duty bearers were urged to ensure that services are delivered on a timely basis. The duty-bearers engaged were the National Government Administrative Officers, the Police department, the Office of the Director of Public Prosecution, Probation Officers, the Children’s Officers, the Judiciary, the Health Officers in SGBV section, representatives from the National and Gender Equality Commission, State Department of Gender, and the Kilifi County Department of Gender.

The summit was very interactive where each agency promised to do better in their service provision and be accountable. This was evident in the way they contributed and gave suggestions.

NEW LEARNERS BENEFIT FROM LITERACY TRAINING



Caris Foundation Kenya Literacy Trainer Jane Mwaniki guides a new learner in Jacaranda on October 12, 2021.

Photo © Emma Kinda/Caris Foundation Kenya

BY DUNCAN ZIRO

The Literacy focus group focuses on training learners who have never received formal literacy training. Learners receive training on how to read, write, and do numeracy. The training is in two phases: phase one focuses on training learners to read and write words, sentences, and passages. Phase two focuses on solving addition, subtraction, multiplication, and division problems. Integration of phone operation during numeracy training helps learners write and read text messages and operate mobile money, which is crucial in their day-to-day lives.

In 2021, learners grew from 321 in January to 1,002 by November 2021. The focus group had set a quantitative growth target of 1,500 learners for

the year. “We’ve managed to achieve 67 percent of our goal,” says Duncan Ziro, Program Coordinator at Caris Foundation Kenya. “On qualitative growth, 486 learners can write their signatures, 361 learners can read and write words and sentences formed from two-letter syllables. 282 learners can read, write and sentences formed from three-letter syllables. Moreover, 86 learners can add, subtract, and multiply simple arithmetic.” Although there are numerous success stories in literacy, two stand out. Two learners are now assisting the book writers in their micro-finance groups to fill passbooks and other group records. Also, four learners joined vocational training in tailoring and dressmaking courtesy of the Caris literacy training.

HELPING YOUTH ACHIEVE A BETTER FUTURE



Caris Foundation Kenya Youth Mentor Faith Manthi, addressing students at Chakama Secondary during a school rally on December 1, 2021.

Photo © Emma Kinda/Caris Foundation Kenya

BY MWENDE MUTINDA

The Youth Mentorship program upheld its sustainability as a community-led initiative, with 105 youth parent representatives fully empowered to spearhead the program in Kaloleni and Malindi sub-counties.

5,903 youth received information on children's rights, and mental health, while 1,703 parents were sensitized on their role towards academic success of their children. Caris youth

mentors also provided psycho-social support to 55 teenage mothers.

Tunaweza initiative launched in 2020 continued to inspire 1,639 young people with speakers from diverse backgrounds including two rehabilitated drug addicts from Omar project.

In addition, 7,526 youth received mentorship on making the right decision and self-efficacy through school rallies.

In partnership with Inua Binti, a community based organization (CBO), a road walk campaign against teenage pregnancies was held where 356 community members participated.

The program has directly impacted 2,346 young people and influenced more than 1 million listeners through Wezesha Youth Radio show, sponsored by Caris Foundation Kenya.

RESPONDING TO DROUGHT IN KILIFI COUNTY



Students from Bahati Primary School enjoy a meal. The school is among the 16 which benefitted from the feeding program sponsored by Caris Foundation Kenya.

Photo © Karisa Samuel/Caris Foundation Kenya

BY EMMA KINDA

Caris Foundation Kenya distributed food to 16 schools in Kilifi County to mitigate drought. The drought brought upon by low precipitation in the country, has left families dependent on agriculture stricken with hunger. “The situation is dire with livestock dying due to lack of feeds and humans suffering greatly especially communities

which depend on seasonal rain,” says Karisa Samuel, a Program Officer at Caris Foundation Kenya “We responded with food aid to schools to make sure children can get meals. In addition, we also visited households with relief.”

Food relief worth Kshs. 4M (\$40,000) was provided to 9, 150 students in Malindi sub-county and 1, 883 households in Magarini county.



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